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THE HIGH COST OF ADVERSE CHILDHOOD EXPERIENCES

Incredible advancements in brain research and health studies have opened the door to understanding how adverse childhood experience shapes the individual, drives high cost social problems, and becomes an extremely powerful determinant of health across the lifespan. This presentation will provide the opportunity to learn and dialogue with other leaders in your community.

You will learn:

- What the newest brain research and epidemiology tell us about adverse childhood experience and the developing child.
- Typical patterns of physical, mental and behavioral health outcomes across the lifespan.
- How the individual effects of adverse childhood experience in one generation can lead to escalation of child abuse, substance abuse and other major social problems over the course of several generations.
- How you can make a difference.

Understanding this new information is the key to breaking intergenerational cycles of costly social problems. This research shows us that these noticeable cycles are more than one generation learning “bad behavior” from another. It shines a light on how we can all participate to ensure better outcomes for people whose lives start out in the most challenging ways—and for our communities as a whole.

Beyond information and analysis of important new scientific findings, The High Cost of Adverse Childhood Experience is an invitation for dialogue.

For over a decade, the Washington State Family Policy Council has helped communities come together to solve their toughest problems. Our experience in reducing rates of child abuse, dropping out of school, youth violence and other major social problems has led to one conclusion: community, civic, education, neighborhood and business leaders can solve anything when they come together to learn, talk and make a commitment.

In fact, we believe this is the only way to solve our toughest problems. We hope you’ll say yes to this invitation.